



K A I R O S O F C O L O R A D O

## IN THIS ISSUE

- [From Our State Chair](#) [page 1](#)
- [From Our Rep to KPMI](#) [page 2](#) [click here](#)
- [High Plains #5](#) [page 3](#) [click here](#)
- [Street Gatherings, etc](#) [page 4](#) [click here](#)
- [Muriel Urban](#) [page 5](#) [click here](#)
- [Prayers](#) [page 5](#) [click here](#)
- [Reminders](#) [page 5](#) [click here](#)
- [Events](#) [page 6](#) [click here](#)
- [State Committee](#) [page 7](#) [click here](#)

## SECURITY CORNER

It is so simple: If Kairos doesn't improve upon our security, we will lose our excellent reputation. We have been punished in the past for our breaches. One of our weekends was shut down on a Saturday night. It was up and out. It was a terrible thing to go through. Butcher knives went past our security as well as theirs. Security must continue to be emphasized in a very strong way at our team meetings, making it very clear what happens if YOU break the rules. None of us want to bear the responsibility of a shut down.

If you want to talk about security, please contact me.  
 Jean Yancheck 719-599 8280 [jmbyy@cs.com](mailto:jmbyy@cs.com)

## FROM OUR STATE CHAIR

Blessed Kairos volunteers, every time that I get into a room of God-fearing, dedicated and selfless Kairos volunteers, I'm taken aback by the thought of what drives these folks to take precious time out of their personal lives to go serve the Lord in, of all places, prison. It takes a special breed for this work and I know that one day each of you will hear from the Lord, "Well done, good and faithful servant."

I was especially blessed to be able to attend the Kairos International Summer Conference in Oakland this month. I heard stirring testimonies from servants from all over the world, and from loving families and from dire circumstances. I witnessed a prison warden burst out into song to Jesus in front of hundreds of volunteers. I met sisters serving in Kairos whose brother had been executed in prison. And most importantly, I attended seminars that taught me how to better and more faithfully serve Him in prison. I cannot say enough to encourage each and every one of you to someday make the pilgrimage to one of the Kairos summer conferences. You will be richly rewarded. Next summer it will be in St Catharines, Ontario, near Niagara Falls. (See page 6)

With this tremendous calling, we are asked to work closely with the prison administration and follow their rules. We take an 8-hour training and have to repeat a 4-hour training every year. In addition, we have to fill out the Form 900-01A annually and report any personal encounters with law enforcement. What many may not realize is that the Form 900 is part of a larger document called an "AR" or Administrative Regulation. You can go to the DOC web-site and download the whole document yourself. Select the appropriate item in the left box (Chapters) and wait a few seconds for the middle box to show the next set of choices (ARs). Once you have selected the AR, wait for the right box to ask if you want to view the AR. It's a pdf file and can be viewed from your PC or printed. This may clarify quite a few questions that you may have had when filling out this form. [Click here](#) for the website link for the ARs.

Another part of the requirements for being a DOC volunteer is that we are considered "staff" at the prison and therefore are held to the same standards as the staff relative to a "code of conduct." This is, as you might expect, another AR, number 1450-1. Recently a Kairos team member found out the hard way that a very relevant and pertinent part of this AR has to do with reporting information not only annually on the Form 900, but immediately if it is serious enough. Please see the AR1450-1 Page 6, Section IV U., which states: *"When a DOC employee, contract worker, or volunteer is the subject of an external investigation; has been arrested for, charged with, or convicted of any crime or misdemeanor (except minor traffic violations) or is required to appear as a defendant in any criminal court, he/she will immediately inform and provide a written report to his/her appointing authority who shall inform the IG 's Office."*

It is important to note DWAI/DUI are NOT considered "minor" and therefore must be reported immediately. It's pretty simple – if you can pay a simple fine and don't face jail time or arrest for the traffic violation, it is minor. If you are arrested or face jail time for the violation, it is NOT minor. The "appointing authority" referred to above is the warden (you can deal directly with your Chaplain or Programs Director). "IG" is the Inspector General, and volunteer violations are unlikely to reach that level. The BVT/UVT course material includes the first part of AR1450-1, but it be-

## FROM OUR STATE CHAIR (continued)

hooves us as faithful servants of the Lord and conscientious DOC volunteers to download the AR and read it in its entirety, as ignorance of the law is not an excuse for breaking it. You can also check out the whole DOC website, as it is very useful, especially before embarking on the long drive to your prison for reunions. You can check to see if visitation has been cancelled for that day. You can also see the UVT/BVT training schedule for the year by clicking [here](#).

Other events at prisons this last month necessitate that I cover a couple other topics. We need to be ever vigilant against falling back into “NORP” thinking when in prison. We are allowed to give so much to the prisoners during our time on the weekend. We give them agape, letters, placemats, food, drink, pens, paper and folders. In doing this we can easily forget the motto “nothing in, nothing out” that we were taught in the DOC training. That list of items that we can give them is very strictly controlled and therefore anything..ANYTHING..else is a violation of DOC rules. Don’t forget that if it is not directly part of the weekend, the food, the drink and the items specifically put onto the table by the servers for running the weekend, YOU CANNOT GIVE IT TO AN INMATE. Even something as simple as a cough drop, a personal hygiene item, or an aspirin is contraband. If you have the slightest doubt about what you can give an inmate, please ask your weekend leader or liaison/coordinator. If they don’t know, ask them to ask the officer on duty. As a security policy, we should carefully separate into a “medical box” any items that we take into the prison that are solely for the use of the team members, and not allowed to be given out. Store the “box” in a secure location, like the Volunteer Coordinator’s office, Chaplain’s office, or Control – and not visible to any of the inmates. If your AC is NOT doing this, please implement immediately. No one should be carrying his own medications on his person into a prison, for any event, given that the “box” method is perfectly adequate to accommodate any needs of our volunteers.

The use of pork in our meals is becoming more of an issue of late. The overall DOC policy has been to remove pork from the cafeterias as a primary meal. Some institutions still have pork in the culinary schools, but as a secondary food, not the main food source of the prison. We need to consider avoiding pork on our menus to accommodate Muslims and Jews that may partake in our weekend. We must be especially careful of “hidden” pork, such as is found in baked beans or perhaps a salad dressing or sauce. While these dietary restrictions may not be part of our practices, if we want to be good hosts and respectful of those with whom we want to engage, then this is a necessary step to prayerfully consider.

Thanks and blessings to all, M. Jeffrey Holley

## FROM OUR REPRESENTATIVE TO KPMI

The 2008 Kairos Prison Ministry International, Inc. Summer Conference was held in Oakland, CA, at Holy Names University. The setting was high on a hill, overlooking Oakland suburbia, and the Bay. God blessed us with beautiful sunsets, cool mornings, cooler evenings, and, in some cases, downright cold nights. There were planned tours of San Francisco, and Alcatraz. We ate very well, worshipped, sang, laughed a lot, and in some cases, cried a little.

I attended two workshops which, I felt, were the most beneficial to possible spiritual and personal growth. The first, “Care for the Soul”, was presented by Jo Chapman, who developed Kairos Outside, and her husband, Tom, who was one of those who assisted in the development of Kairos Torch. This workshop focused on Kairos Volunteers making intentional steps to balance their lives. Prioritizing, with God first, then family, work, then other activities, including involvement in Church and Kairos activities. They, very vulnerably, shared about their 25 plus years in the ministry. Their children came to resent the ministry, and some still do.

Last, but definitely not least, a couple from Australia presented a workshop named “Heartstyles”, which is the name of their ministry. This ministry does classes/seminars, etc focused on Personal Behaviors. They discuss 8 “**Kingdom Behaviors**”, divided into 4 “effective PERSONAL behaviors”, and 4 “effective behaviors with OTHERS”, and contrasting “**Worldly Behaviors**”, with 4 “PERSONAL defensive/survival/coping behaviors”, and 4 “defensive/survival/coping behaviors with OTHERS”.

Heartstyles’ owners Stephen & Marta Klemich, offer a free, on-line ,Christian-based behavioral indicator on their website (click here on [www.heartstyles.com.au](http://www.heartstyles.com.au)). You can answer the question on yourself, then ask 3-5 others to answer it on you. Check it out. I think it will help you, as it did me. With the help of the Holy Spirit, I was able to use this tool to recognize my own worldly defensive/survival/coping behaviors. Having done so, I now can work on replacing them with the contrasting “Kingdom Behaviors”. This couple has already been asked to present the second part of the workshop at the 2009 conference in St. Catharine's, Ontario (near Niagra Falls).

“Heartstyles” emphasized the scripture Romans 12:2, but I believe it fits not only their workshops but also how we, as Kairos volunteers and Christians, need to live our lives:

**“Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind” (NIV).**

Blessings and peace to you – and love in Christ Mary L. Sogan

[HOME](#)

## HIGH PLAINS #5

Kairos #5 at High Plains Women's Facility was a tremendous success. We had 30 women participants and everyone remained for the whole time – not one left early. If a participant is able to continue through all the stages of the transformational process, God's love is able to reach them and remain in them.

The whole Kairos had a wonderful quality of jubilation and energetic praise. Many of the women sing in the prison choir, and all were dancing and singing for joy at every opportunity. Their enthusiasm was inspirational.

We displayed the list of names of those praying for them on ornaments with streamers that hung from the ceiling. We were very aware of all the prayers that went out for us during the weekend. We all felt the freedom from bondage that comes with God's forgiveness and love, strengthened through your prayers. The women themselves felt they were no longer in prison for our time together. We all felt a mystical sense of union and peace in our Kairos family, which was shared throughout the facility. The Holy Spirit healed and restored each of us. God's deep concern and love for each woman was clearly evident and deepened with each stage of the Kairos program. Many had their defenses up against experiencing love, due to past hurts that came from being vulnerable. Through belonging to a community of love and the agape love offered even through the strangers praying for them, their defenses were softened, allowing them to respond in kind. These women have received a great gift of love, acceptance and belonging which they are eager to pass on to those they live with in the facility and their family members at home.

Many of the women in this Kairos will be returning to their homes soon – parole, community living programs, or permanent release. These women were particularly glad to have experienced Kairos before being released, now confident they will remain free of outside influences that might bring them back to prison. They feel ready to contribute in their relationships, in their families, in their work and in their communities in positive ways. We as volunteers were inspired to see God's presence in these women and how their hearts were filled to overflowing with God's love and spirit.

I am grateful to have been a part of this weekend and see how God heals and restores our spirits. I am grateful to you for being willing to offer your prayers and love as support for the women and the team, enabling us to offer God's love and healing to these women in the Kairos weekend. I hope you will be willing to participate again in future Kairos weekends, and I invite you to come to closings or become a volunteer if you have the interest. Blessings, peace.

*Submitted by Michelle Johnson*

### FAMILY COMMENTS FROM THE CLOSING

Family of Debra (having named themselves the "Daughters of Debra"): arrived at the Kairos weekend empty and hopeless; found God's Love, and were taking away Jesus and his unconditional love.

Family of Esther: arrived in a place of doubt, anxiousness, scared, wondering what they would have to give up; found freedom, love, unity in fellowship; taking away acceptance, a feel of likeness, family, freedom from fears, hope, love.

Family of Ruth: arrived broken, afraid, doubtful, looking for something; found agape love, strength, understanding, new hope; taking away a stronger more helpful mind in Christ, now knowing they are the Church, focused on Christ.

Family of Sara: arrived timid, scared, very shy; found love, friends in God, and confidence; taking away God's love for each other, peace, and a few extra pounds.

### INDIVIDUAL COMMENTS FROM THE CLOSING

Came into this weekend very weak and confused, but going back to the unit with my life.

Came to Kairos not knowing Jesus, now know Jesus, and so full of love now, and I want to share it with everyone. I'm going to go above and beyond from now on. I want to give to everyone what I just received. (These were her words, but with powerful emotion that has no words.)

Came in here on a downer in my love walk with God and I can't tell you how much I needed this. I found love and for the first time since I came here, I don't feel like I'm in prison. What I got these last 4 days replaces 22 years of hurt and I'm taking that love away with me.

When I came in here I was so nervous and shy, and I thought it was going to be another Bible study, and it wasn't. I found Jesus and made a very special friend (as she lifted her right hand toward the ceiling). I'm taking life away with me. The love I experienced this weekend was so amazing. I found out I did not have to be good enough and he loves me just as I am. I'm taking that with me to share with others.

**Fourth day speaker** (HP #4) talked about wanting to belong as a child and how she got in with the wrong crowd and did things with sex, alcohol, and drugs, and things that one should never be a part of. Then, "in my Kairos, God took that all away and made me cry and taught me to love. He changed me and taught me to forgive and find love in him, and that we will never be alone again....There are no words to explain how we feel on a weekend, so hang on to it forever! Now we need to share this with the rest of the facility. No one can take this away from you – no one."

*Submitted by Randy Borden – who says it was spectacular, there was a beautiful feeling of peace, love,, and fellowship, made you forget you were in a prison* (unless you looked around the room).

## THE STREET GATHERINGS

At the Denver street gatherings we see Tex faithfully each month. Some months are better than others for him. He is struggling but holding on to hope, holding on to Christ and thanking God for Kairos. Last night he brought Larry, who was beaming. He is in a half-way house in Denver, and has a good job. He was able to see his son for the first time in 14 years and he was asking about several of you and prayed for you too. He says "HELLO!"

I was able to see Tex and Larry re-live their forgiveness ceremony through memories. They talked about the tears that brought most every man to their knees during that ceremony. What I saw was the fruits of your labor first hand, gentleman. Larry stated that the Kairos community was his witness of what the church is and should be. I know that might be a flag for some of you but pray about that statement and what it means. Who is the Church? We are the church! What I saw was two men encouraged by Kairos men (aka Volunteers) in their darkest time. You were and are the Christ light shining in some of their darkest moments. I also heard them talk about other inmates in the prison. Kairos does work! As they are encouraged and loved by you, they are reaching out to each other in the same way. What a beautiful witness.

Please pray about your involvement in Kairos and for new volunteers to come into this ministry. I know the amount of time you all have taken out of your personal lives. I just want to say "Thank You" because I am encouraged by what I have witnessed in the men's prison and am hopeful for the women's Kairos, too.

May God continue to bless you all and give you rest. Thank you for all you do not only in the Kairos community but within God's community. May this encourage you, bless you and confirm what you do for the Lord is important and it does change lives.

*Letter from Diana Rubenking (with the men's names changed for privacy)*

*[Diana has served on three Sterling support teams, works every Christmas Party, and attends church "with the guys" a few times a year. She has also worked two yard events at Sterling with Warriors for Christ. She recently had to take a year off because of her surgery for lung cancer.]*

The **STREET GATHERINGS**, 2nd Fridays, 7:00pm, Warren United Methodist Church, 14th and Gilpin in **Denver**, are becoming better and better attended. To summarize previous notices: these are similar to the Monthly Reunions we do inside and a great way for us to minister to Kairos graduates when they come outside. Our intentional contact with ex-inmates is limited to seeing them at group functions such as this. Bring spouse, friend, potluck dish, grouping card, and/or musical instrument Contact is [Glenda Condon](#).

Arrangements are underway to begin similar **STREET GATHERINGS** in **Colorado Springs**, 3rd Fridays, 7:00pm, Our Saviors Lutheran Church, Hancock & Boulder, beginning 21 November. Bus lines #5 and #19. Meal will be provided. Contact is [Jean Magnuson](#).

## KAIROS OUTSIDE #1 UPDATE

KO#1 Leader Jean Mares now has 38 guests signed up for the weekend – a real PTL! Ideally there should be a couple more in order to assure a full weekend.

There are currently 29 team members. Jean still needs four more men for the cook team and five more women. Anyone can apply to be an "angel" and help out with one meal or part of a day or all. Especially need help to clear everything out by 3 p.m. on Sunday. Jean has "angel" applications You can email her by clicking [Jean Mares](#). For more detail, see the previous newsletter.

## SPIRITUAL ADVISOR TRAINING

To make it possible for more of our people to take this course, Chaplain Jack Olafson is going to offer it at two different times, in two different locations:

- 1) 12-14 September at the Tedford Cabins (near Allenspark) -- \$30. course fee, plus \$90 fee for room and board.
- 2) 3-5 October at Pine Creek Community Church in Colorado Springs -- \$30 course fee. Room & board fee for the October session will depend upon where a person is going to stay and where a person wants to eat during the weekend. In any case, two meals will be provided.

About a dozen people have signed up. For more info, contact [Chaplain Jack](#).

[HOME](#)

## 25 March 1928 — MURIEL URBAN — 30 July 2008

When Kairos started here in Colorado in 1982, two of the original team members were a Presbyterian minister named Vic Urban and his wife, Muriel. During the early years many of the team meetings and State Board meetings were held in a Presbyterian church in Denver where the Urbans attended. Before coming to Colorado, Vic had been part of the first “Cursillo in a prison” at the Federal prison in Miami, FL — from which came the first Kairos weekend (at the State prison at Raiford/Starke in north Florida).

Vic and Muriel served on many teams and on the original “state committee,” known then as the Kairos Secretariat. Many years later the Urbans retired from Kairos. Vic went home to the Lord in 2003. Muriel has been living in Washington State.

Now we are informed that Muriel has rejoined Vic. From her obit in the Sequim, Washington, newspaper we learn that she was a retired nurse and held a bachelor’s degree from Deaconess School of Nursing in Spokane — also, that she loved to paint, volunteer at church and do mission work. She loved life, her children and grandchildren, and serving others. She was a member of Sequim Community Church. Her daughter, Sheri, lives on Colorado Springs.

Goodbye, Muriel. You and Vic live on in our hearts, and deep in the heart of Kairos of Colorado.

## PLEASE PRAY FOR:

**Gabriella Ramirez** — as she cares for her family of twelve and (with hospice help) her husband, **Russ**, who has suffered serious burns to face and hand from an oxygen-tube fire.

**Louise and Sam Abeyta** — “original” Kairos team members whose new house was “totaled” and all belongings destroyed by fire on 22 June. Also, giving thanks that there were no casualties.

**Bernie DeVault and family** (who just lost Suzanne in April) — daughter Jenny Baker had a heart attack, then open-heart surgery, needs lots of prayer for complete healing and recovery. Give thanks for the very successful surgery.

**Wanda and John Sitler** — for healing from ongoing medical issues, and special comfort in their daily routine.

**The Rev Bob Storch** — for complete recovery. He wrote last week: “I was released yesterday afternoon from St. Mary’s Hospital in Grand Junction. Wednesday, following what was supposed to be a checkup by my cardiologist, I found myself in surgery with the implantation of two coronary stents. During the operation I had a mild heart attack. Along with a hiatal hernia and the mild MI, apparently I had the physicians stumped for awhile. However, after a second angiogram on Thursday, they believed everything was in order and the worst was over, and following a day and two nights of observation, they let me go home. I want to thank you for the prayers and phone calls. It was such a relief for me and my family to know the amount of prayer support we were receiving thru the Christian community. I want each of you to know that your actions proved to be an effective witness to the physicians, nurses and medical personnel who were involved in this situation. I praise the Lord for His Great Mercy and loving kindness. Faithfully, Bob”

**The hearts of Kairos volunteers** God has called but who have not yet responded.

## REMINDERS

**SECURITY** — Be vigilant about what you take into your prison and what you give to an inmate. If you have ANY question about ANY particular category or item, check with Jean Yanchek, and be sure you are in agreement with your prison authorities about the “rules” for that prison as well as for the DOC. See Jeff’s message on page 1.

**PORK** — Best not to include pork or any pork derivatives in the food you take into prison. See Jeff’s message on page 1.

**REPORTING TO DOC** — Be e sure to inform the DOC Volunteer office (719-226-4481) immediately of any changes in your “police record” — traffic tickets, anything. This is a DOC regulation. See Jeff’s message on page 1.

**WEBSITE** — The Kairos Colorado website is about to be up and running. The several technical arrangements for the domain name, hosting, and funding are now in place. At “press time” Ryan is in the process of uploading the pages he has prepared. So in a few days when you go to “<http://www.kairoscolorado.org>” you should be able to peruse his handiwork. He will always appreciate your comments for additions, corrections, improvements, etc. Meanwhile, we are all very grateful for his diligence. This was a very big job. Thank you, Ryan!

**PASS IT ON** — Please share this newsletter with your friends and/or Kairos people who do not have email. You can forward it by email, or print it off in either color or black and white.

[HOME](#)

## UPCOMING EVENTS

	<u>LEADER</u>	<u>INFO CONTACT</u> (click for email)
<b><u>2008</u></b>		
12-14 September	<b>SPIRITUAL ADVISOR COURSE (same course as 3-5 October)</b> Tedford Cabins, Allenspark	<a href="#">Jack Olafson</a>
2-5 October	DELTA #34                      Tim Brady	<a href="#">Bill Bennett</a>
3-5 October	<b>SPIRITUAL ADVISOR COURSE (same course as 12-14 September)</b> Pine Creek Community Church, Colorado Springs	
9-12 October	TERRITORIAL #46                      Bob Bentzen	<a href="#">Bill Durfee</a>
16-19 October	CAÑON WOMEN'S #48                      Aileen Engel	<a href="#">Kathy Awtrey</a>
30 October – 2 Nov	STERLING NORTH #13                      Mike Ramirez	<a href="#">Randy Borden</a>
13-16 November	LIMON #8                      Jack Burson	<a href="#">Jim Richardson</a>
14-16 November	<b>KAIROS OUTSIDE #1</b> Estes Park (YMCA of the Rockies)	<a href="#">Jean Mares</a>
4-7 December	DENVER WOMEN'S #10                      Linda Stewart	<a href="#">Glenda Condon</a>
<b><u>2009</u></b>		
5-8 February	<b>KPMI WINTER BOARD</b> Orlando, Florida	<a href="#">Mary Sogan</a>
13-16 February	FREMONT #47                      Rueben Duran	<a href="#">Tom Guidera</a>
26 February-1 March	STERLING EAST #6                      TBD	<a href="#">Randy Borden</a>
5-8 March	RIFLE #8                      TBD	<a href="#">Tyne Bush</a>
16-19 April	CAÑON WOMEN'S #49                      Katherine Igyarto	<a href="#">Kathy Awtrey</a>
16-19 April	DELTA #35                      Glen Kimbrough	<a href="#">Bill Bennett</a>
16-19 April	TERRITORIAL #47                      TBD	<a href="#">Bill Durfee</a>
24-26 April	ADVANCED KAIROS TRAINING	<a href="#">Randy Borden</a>
1-3 May	<b>KAIROS OUTSIDE #2</b> Mary Sogan Estes Park (YMCA of the Rockies)	<a href="#">Jean Mares</a>
TBD May	STERLING SOUTH #12                      Greg Oliver	<a href="#">Randy Borden</a>
4-7 June	DENVER WOMEN'S #11                      TBD	<a href="#">Glenda Condon</a>
28 July-2 August	<b>KPMI SUMMER CONFERENCE</b> St Catharines, Ontario (near Niagra Falls)	<a href="#">Mary Sogan</a>
1-4 October	DELTA #36                      Rex Stucker	<a href="#">Bill Bennett</a>
TBD October	HIGH PLAINS #6                      TBD	<a href="#">Patty Morrison</a>
29 October – 1 Nov	STERLING NORTH #14                      TBD	<a href="#">Randy Borden</a>
3-6 December	DENVER WOMEN'S #12                      TBD	<a href="#">Glenda Condon</a>

