

SPIRITUALLY SPEAKING:

What a weekend for the team and candidates. Also, that a weekend for us from the community who were there for the closing. There were well close to 150 of us listening to the ladies tell us how the Lord worked thru the team on Kairos #5. What a responsibility, what a challenge and to some degree a burden. No matter how great the burden, the team was held up before the Lord by many cursillistas who prayed, sacrificed, gave of themselves so the weekend would be successful.

Just the other morning I was reading Psalm 55 for my morning devotional and prayer time. In verse 22 David said* "Cast thy burden on the Lord, and He shall sustain thee: He shall never suffer the righteous to be moved." That verse spoke to me as I reflected back on the weekend and the closing. Leading a weekend and being on a team is an awesome burden. Webster's Collegiate Dictionary states a burden is: "thing borne, load, care responsibility, a heavy obligation." Any one who has been on a weekend or given support to one will no doubt say, "Amen" to that definition of burden as it applies to a weekend. However, we do not dwell on the "Burden." If we did, we would be wiped out. David realized that, for after he invited us "to cast thy burden on the Lord," he assures us that something will happen. That something is the fact that, "He (the Lord) shall sustain thee." David provides us with an invitation and an assurance. What a communicator.

I'd like to spend some time on the assurance portion of Psalm 55:22, namely the word SUSTAIN. Webster states that sustain means: to give support, to maintain, or bear up. The ladies on Kairos #5 were certainly SUSTAINED by the community, but of greater importance they were sustained by the Lord. He gave the needed support, He maintained them, he bore them up.

The question that came to my mind was how does GOD SUSTAIN us? I suggest that there are 7 ways GOD SUSTAINS us.

SACRIFICED for us. Paul tells us: "He (Christ) was made to be sin for us who knew no sin, that we would be made righteous of God in Him;" II Cor.5:21 Whatever righteousness we have, so as to be sustained in a tough situation comes from what God did for us; He sacrificed His Son for us. Tough weekend, absolutely. Draining weekend, no doubt about it. Physically and spiritually worn, you bet. But God made it easy for us, because He sent His Son through it all before. He dies so we could be righteous.

UNDERGIRDS us. Have there been time in your life when you thought everything was about to fall in and it did not. Why did it not fall in? The reason is that someone was asking God to shore you up. There was a support there you hadn't noticed. You read in the Book of Exodus Ch. 17 how the Israelites were undergirded in battle. When Moses' hands were raised the Israelites prevailed, but when his hands were let down the Amalekites prevailed. Moses' hands were heavy & Aaron and Hur took a stone under Moses to sit upon it. Then Aaron and Hur "Stayed up his hands, the one on one side, and the other on the other side;" Exodus 17:11 & 12.

SURROUNDS us. How does He surround us/ He surrounds us with His angels. They watch over us. They guard us. They provide protection for us. They make certain we keep within the confines of righteousness. God surrounds us with Christians. These Christians pray for us. They give us needed counsel. They make sure we have all that is necessary to perform our Christian duties and responsibilities. The writer of Hebrews talks about that great cloud of witnesses that surrounds us. The writer went on to say "let us lay aside every weight and sin which doth so easily beset us, and let us run with patience the race that is set before us." Heb.12:1 There's the picture of the great crowd cheering us on in the race, so that we will be victors. That is sustenance.

TOUCHES us. God touches us through His word, His people and many other varied circumstances. Paul tells us, in writing to the Colossians that we are to "Let the word of Christ dwell in you richly in all wisdom,..." Col.3:16a. The Word provides us with that special touch of the Master, so we know what direction to go. God touches us thru others. Are you not moved by another's witness talk at ultreya? Have you not been touched by the testimony of candidates at closings? God uses people to convey His message. We can also be touched by the many circumstances that confront us in life. I have been thru some trying times, and on reflection seen the Master's hand on my shoulder throughout the ordeal. "Let not your heart be troubled, you believe in God believe also in me...." John 14:1

ANOINTS us. Anoints has a meaning of "spreading over." Christ does that to us thru His Spirit. Certainly the words of John speak to this, when he quotes Jesus, "I will not leave you comfortless: I will come to you." John 14:18. Later John gives us these words of Christ, "Peace I leave with you, my peace I give unto you: not as the world gives, give I unto you. Let not your heart be troubled, neither let it be afraid." John 14:27

INTERCEDES for us. The time comes when we can't lift ourselves up by our own boot straps. No matter how hard we try, we can not come to God the Father without someone interceding for us. The one who did that is His only Son, JESUS CHRIST. Paul in writing to Timothy "his own son in faith," wrote "for there is one God, and one mediator between God and men, the man Christ Jesus. God made the provision for us for an intercessor. Paul also wrote that "He,

Christ, was made to be sin for us, who knew no sin; that we might be made the righteousness of God in him." 2Cor.5:21. No man can do that for us other than God/man. Namely Christ.

NUTURES us. To be nurtured means to be built up, to be nurished, to be properly fed. God does that for us thru His instrument the Church. Unfortunately there are times we forget that very thing. I firmly believe the Church has been made the guardian of truth so we could be taught the truth. As John the Apostle said, "You shall know the truth and the truth shall make you free." John 8:32. I just feel so good that I can put my trust in God and Know I shall be not afraid, for he will S-U-S-T-A-I-N me. May God Bless You.

In Christ's Love.

Vic Urban, Spiritual Director.

LETS PLEDGE OUR SUPPORT NOW

I have briefly spoke to some of you concerning the formation of a seperate "Board" to go the next step in commitment to God and this ministry. A residence for ex-offenders.

Some of us are not caring for ex-offenders, not because we don't want to, but because we don't know how to and/or are not equipped to do so. This Kairos residence could be the means to that caring. "Our House" will help provide housing, training and the necessary tools for the successful re-entry into society for the ex-offender. And just maybe, enable us involved in Kairos to fulfill our biblical responsibilty that we have felt in our hearts since we first became part of this ministry. Ex-offenders return to a life of crime at an alarming rate. There is something wrong with a system that is supposed to rehabilitate and does not. God's call to us to serve Him in this area is strong. We need N-O-W to step out in faith and make that commitment to do so.

Colorado Women's Correctional Facility and Fremonty Correctional Facility had a diferent image of Christian Ministry before Kairos entered their facilities, then they do now. We need to covenant our labor to continue to radiate this image of our ministry to other facilities in Colorado, a ministry worthy of the name Christ Jesus. Kairos needs to continue to expand its services beyond the institutions.

There is a vital need to minister wholeness to those lives we have touched thru this ministry. We need to focus efforts to provide real practical help to the Christian inmate in preperationof and upon his/her release. To get established in the community and local church. Recognizing this urgent need for aftercare facilities and resources, we, the leaders of Kairos of Colorado call upon each of you to help.

As we continue to grow in fellowship, we need to continue to identify the specific goals to which we are called to devote our Time, Talent and Treasures.

Our Faith has always been our strength, and it will be through our Faith in Jesus Christ, that this vision that God has shown us will become a reality.

TAKE THE TIME NOW TO PRAY ABOUT YOUR COMMITMENT TO THESE GOALS. FILL OUT THE PLEDGE FORM BELOW AND RETURN IT IN THE ENCLOSED ENVELOPE.

I WAS A STRANGER, AND YE TOOK ME IN ..."

Recognizing the value of Kairos of Colorado and the needs it fulfills, I/we wish to be a part of this vital work.

Name _____ Telephone _____
Address _____ City _____ State _____ Zip _____
Our Share Will Be: 12 month commitment beginning this month or beginning _____

_____ \$100 per month

_____ \$75 per month

_____ \$50 per month

_____ \$ 25 per month

_____ \$20 per month

_____ \$ per month

One Time Gift Of \$

Your Gift is Tax Deductible.

T H A N K

Y O U !

CONGRADULATIONS To our new sisters in Christ who made Kairos #5 April 18 - 21

- | | |
|------------------------|---------------------|
| 1. Demetria Donaldson | 2. Cindi Cole |
| 3. Katherine Stansbery | 4. Mary Hargrove |
| 5. Cheryl McKinney | 6. Debbie Medina |
| 7. Kathleen Zamora | 8. Elizabeth Hunt |
| 9. Doris Murray | 10. Patricia Ward |
| 11. Betty Vigil | 12. Nedra Chambers |
| 13. Donna Ryno | 14. Bobbie Maez |
| 15. Cindi Canty | 16. Cecelia Marsh |
| 17. Rene Daniels | 18. Jolene Flanagan |

We wish to extend many thanks to all of the staff, inmate Cha-Chas, kitchen angels, those whop made all the cookies, wrote the palanca and those who attended the closing - with there love and energy this weekend would not have happened. A special thanks to those girls who helped in the kitchen and have not yet made a Kairos. Glory to God!

OVER HEARD AT CWCF CLOSING:

1. We learned about Love!
2. We found there's people to help you learn about God.
3. We are taking away "Peace of Mind."
4. This has been a very refreshing experience.
5. I found Happiness, Friends & Jesus!
6. We are taking away love for the Lord & a chance to pass this on to the others here.
7. We are taking away a Special closeness & a great Love for all.
8. We found the help we needed to pick us back up.
9. We found friendship between each other.
10. We're taking a peace within us & a spark that can always burn within us.
11. The love I found is fantastic, & I've never had that kind of love in my whole life.
12. It makes feel good to know that there is somebody out there who loves us, even though we are criminals!

We have scheduled the last Friday of every month at 6:30 pm, at Holy Trinity in Westminster, for our Kairos Family Reunion. Starts with a Pot Luck, witness speaker & GREAT FELLOWSHIP - Everyone is Welcome!!

Are you interested in being on a Kairos team? Has a friend said they would like to serve on a team? Are you wondering why you haven't been asked lately to serve on a team again?

If you can answer yes to any of the above questions, then fill out the enclosed Application for team and mail it back to the Kairos Office for consideration.

Kairos #5 FCF closing 6:00pm. June 16
Call any team member with name etc.by June 12

IN MEMORIAM

It is with a deep sense of regret that we announce the passing on of Bill Trout, candidate on Kairos #1, inmate cha cha on Kairos #2 & 3. May he rest in peace and love.

First Annual Kairos Cofernece, Niagara, N.Y.

August 8-11, 1985

This plans to be an exciting 4 days in one of the most beautiful places in the U.S. The conference is being held in conjunction with the summer meeting of the Board of Diretors of Kairos, Inc.

Registration is set for 3-7pm on Thursday Aug.8 and the conference will officially open at 7:30pm.

There will be panel discussions on Why Kairos in My Prison. This panel will consist of prison chaplains, wardens and corrections officers.

Other panel topics:

Food Palanca; What It Is, How To Get It, What It Does." - "The Forgiveness Talks; Freedom From Guilt For All." Thanksgiving; How It Breeds Gratitude And Disolves Envy And Covetousness." - "The Care And Feeding Of The District Board." - "The Kairos Leader's School - Long Life For Mules." "Fund Raising Ideas And Tecchniques." "Retreats - Gateway to Grouping." "Burn Out - How to Avoid It and How To Treat It If You Don't." "Institutional Staff - Reaching Out To The Rest Of The Prison Population."

In addition, on Saturday there will be a National Kairos Workshop.

This by all that I can see is going to be an exciting 4 days, filled with information and sharing of "Favorite Kairos Stories" with others involved in this minisrty from all over the country.

I have made arrangements with a local travel agen to obtain group fares on American Airlines at a price of \$218 round trip from Denver. There is a limit on seats (20) so if you would like to be part of this event call the Kairos office as sson as possible to reserve your place. I strongly urge each member of the Board to plan to attend.

There is a \$75 fee for the conference, of which \$25 must accompany your request to attend. Reservations for plane tickets must be made by July 1st. There is a limited number of cursillistas in the Niagara area who are willing to house guests at no cost for the conference, again this is on a first come first served basis. Don't hesitate, call now to plan to be there.

Kairos office 593-1617.

The following "Recipe for Apostolic Action" was the creation of one of the tables on a recent Cursillo weekend in PA. (re-printed with permission) They have offered to share it with all of us.

- 2 good ears for listening
- 1 brain for reasoning
- 1 heart for empathy
- 2 arms for reassurance
- 1 box of tissues for tenderness
- 2 sets of footprints-yours and Christ's
- 2 eyes for recognizing

Combine all ingredients with lots of love.
Yield: Growth in relationships with Christ.

It is with great joy and happiness that we announce the graduation from Arapahoe Community College, Georgie Berthal, not only did she graduate, but Phi Beta Capa no less, and President of the class. Way to go Georgie! For those of you who may not know Georgie, she attended Kairos #1 at CWCF.

Enclosed you will find a team application. If you have never been part of a team and would like to please fill the form out and return to the Kairos office. If you have been on a team before and wonder why you have not been asked again, it may be because you do not have a current team application on file. It is necessary to fill one out each year to keep your intentions known as to serving on team.

Remembering our Roots

Roots - we think of our family tree. But for us in Kairos it means even more. It means looking at Kairos and where we come from also.

We need to be remembering that it is through Cursillo that we have had our birth. Remember when you made your weekend? I do. The joy and love felt then still gives me a warm "fuzzy" feeling when I look over the team picture. My first ultreya I attended. The love and support was still there. It is there NOW TOO!

Whenever I am back east I attend the ultreya there. In NJ and in PA. Love-that is what is so important in our lives. We need to surround ourselves with love all the time. The close relationships in Christ are important to us all.

On May 31, in Westminster, a group of us from Kairos meet for the first "Family Reunion" of our community. What a blessing - what a joy. Sharing with each other God's love. There were about 40 -(more or less; I didn't count) in attendance and love filled the air. I encourage and recommend to everyone who can attend be there for the next one, June 28th.

Getting back to the message I wish to pass on to all of you about our roots - Cursillo. We need to keep those "family" ties with our brothers and sisters in Cursillo. God has chosen us to bring His word into the prisons of Colorado, for sure. But He first chose us to be part of Cursillo - it is from that initial encounter with Christ, through our Cursillo experience, that God opened our hearts to understand the Scripture of Matthew 25:36 "I was in prison and you visited me".

Many different movements and ministries have developed out of our roots - Cursillo.

Kairos - Tech - Koineneia - Tres Dias - Search Happening - Marriage Encounter - Emmaus Walk Sunshine Cursillo - etc.

It is ever so important to return to, if we have strayed away from, our local Cursillo community. The principles of community that we share on a Kairos weekend, grouping and ultreya, we must be LIVING OURSELVES.

DeCOLORES!!

On my recent trip to Florida I met a man at Riverside House who was very interested in what we here in Colorado are planning to do. He said that he would like to help in some way to get us started. I would like to share with you his letter:

"Dear Brother Bill,

It was a pleasure to meet someone else who is in the ministry and being led by the Lord to help prisoners. Having been a prisoner myself once, I can relate to the problems an ex-con must face. But, once the decision is made and one becomes a child of God, he can do all things through "Christ", just as the Scriptures says.

I'm sure that your ministry will help many to make that commitment and I will pray for that to become a reality. God has spoken to my heart, and I don't have much to give, but I'm sending what I can afford right now. God bless you and your ministry.

In Christ's Love,
Jim McDonald.

P.S. Enclosed was a check for Kairos in the amount of \$25.00 - Praise God for you Jim.

APPLICATION FOR KAIROS TEAM

Thank you for your interest in Kairos. This application will allow us to do a better job of selecting teams. The section marked voluntary information is very important in helping the secretariat and rector have a denominationally balanced team of people who are active in their fourth day and are willing to commit to this special ministry.

NAME _____ Phone No. _____

ADDRESS _____

Sex F _____ M _____

VOLUNTARY INFORMATION

Cursillo attended _____

Place _____ Date _____

Church Attending _____ Denomination _____

Cursillo Teams worked: _____ Team
Date: _____ Position _____

Kairos Teams Worked: _____ Team
Date: _____ Position _____

Please describe your level of activity in your Fourth Day:

Are you prepared to make a one (1) year committment to attend a bi-monthly Ultreya at the correctional facility? Yes _____ No _____

Are you prepared to commit to attend the pre-weekend meetings (approximately 5 meetings, with misses allowed for sickness or valid emergencies?)

Yes _____ No _____
Do you play a musical instrument? Yes _____ No _____ Type _____

Please return to

Signature _____



Philip & Luetta Marsh
6924 Boysenberry Way
Colorado Springs, CO 80918

July "Gathering" Schedule (formerly Ultreya)
CWCF (women's)

Nell Jones	Dave Jones
Scott Frantz	Jan Wilkowski
Sue Martinez	Patsy Tafoya
Lorriane Harding	Polly Rodriguez
Muriel Urban	Ann Lopez

July "Gathering" Schedule (formerly Ultreya)
FCF (men's)

Steve Holland	Bill Potter	Ken Schmidt
Vic Urban	Mort Munroe	David Munroe
Phil Marsh	Jim Strub	Ralph Browning
Trent Ellis	Joe Sims	Bill White
Al Rodriguez	George Wieder	Steve Philpy
Pat Mulligan	Mark Fick	Mike Wilkey
Doug Whittier	John Barney	

If you can not attend this Gathering on July 7th, contact in the Denver area Louise Abeyta, in Colo. Springs, Bill Potter, no later than July 1. Women's Gatherings - arrive at 4:30 p.m. Men's Gatherings - arrive at 5:30p.m.

MOVING? - Please tell us.

Do you know someone who is not receiving the Newsletter and would like to? Tell us.

The post office will not forward the Newsletter once we obtain a bulk mailing permit (by the next newsletter). So please send us your change of address to the office address listed on the front of the paper.

Name

Address

City State Zip

Phone number, if changed.

The Kairos mailing list is used exclusively by the Kairos Community. It is our policy not to sell or distribute the list for any other religious political or secular purpose.

Permit Holder:
ST. ANDREW'S EPISCOPAL CHURCH
P.O. BOX 466
MANITOU SPRINGS, CO 80829

From:
KAIROS OF COLORADO, INC.
5525 Erindale Drive, Suite 109
Colorado Springs, CO 80918

NON-PROFIT ORGN
U. S. POSTAGE
PAID
MANITOU SPRINGS, CO
PERMIT # 68