

God's

Special



Time

"I WAS IN PRISON AND YOU CAME TO ME." Matthew 25:36

FEBRUARY 1987

KAIROS OF COLORADO, INC.

NEWSLETTER #15

"The Lord said to them, 'There is a large harvest, but few workers to gather it in. Pray to the owner of the harvest that he will send out workers to gather in his harvest.'" Luke 10:2

We are the workers for that harvest, but even the most devoted and dedicated workers do get tired and occasionally discouraged. In the past year, several new workers have joined us to help gather in the harvest, but many more are needed, especially to work in the men's facilities. We have taken on the new position of outreach director. We have a burden to share what Kairos is about so that others may share in this beautiful, rewarding ministry. Please contact us with any ideas that you have, and places where we could go, and if you would like to work with us in putting together a program. Pray for opportunities for yourself to share about the Kairos ministry. Invite someone to a closing, to make Palanca, or to donate part of a meal.

On the back page you will find a list of all the new directors. Please remember to include them in your prayers and ask God to bless them and guide them in their duties.

We have also been blessed with the responsibility of this newsletter. If anyone has an article that they would like to have published in the newsletter please send it to us. We are going to try to get out a newsletter in the first part of every even numbered month. Sorry that this one is a little late. We are also going to try to have an article from an inmate included each time. Be sure to see the article by Ann Tidwell this time. Rectors and rectoras be sure to send us any requests that you may have. Included this month are two Prayer Vigil lists for the two upcoming weekends. Please be sure to sign up for one of the hours of the weekend and offer the opportunity to others to become a part of our ministry. This gives those who are not sure that they want to go inside, an opportunity to serve in a very vital area, PRAYER.

In His Love
Jan and Gene Wilkowski

PRAYER VIGIL
Fremont Correctional Facility
March 12-15, 1987

PRAYER VIGIL
FREMONT KAIROS #9
March 12-15, 1987

As you know, prayer is an essential element for the success of each Kairos weekend. We invite you to join us in prayer for the team and candidates of Kairos #9 at Fremont Correctional Facility. Each one of them, team and candidates need your daily prayers.

Please pass this Prayer Vigil at your church, or in your reunion groups so that we can have this weekend covered with our prayers. Hopefully in the future we will be able to have a Prayer Wheel displayed during the weekend so that the candidates and the team can be reminded that they are not alone.

THURSDAY:

- 5-6 p.m. _____
- 6-7 p.m. _____
- 8-9 p.m. _____
- 9-10 p.m. _____
- 10-11 p.m. _____
- 11-midnight _____

FRIDAY:

- midnight-1 _____
- 1-2 a.m. _____
- 2-3 a.m. _____
- 3-4 a.m. _____
- 4-5 a.m. _____
- 5-6 a.m. _____
- 6-7 a.m. _____
- 7-8 a.m. _____
- 8-9 a.m. _____
- 9-10 a.m. _____
- 10-11 a.m. _____
- 11-noon _____
- noon-1 p.m. _____
- 1-2 p.m. _____
- 2-3 p.m. _____
- 3-4 p.m. _____
- 4-5 p.m. _____
- 5-6 p.m. _____
- 6-7 p.m. _____
- 7-8 p.m. _____
- 8-9 p.m. _____
- 9-10 p.m. _____
- 10-11 p.m. _____
- 11-midnight _____

SATURDAY:

- midnight-1 _____
- 1-2 a.m. _____
- 2-3 a.m. _____
- 3-4 a.m. _____
- 4-5 a.m. _____
- 5-6 a.m. _____
- 6-7 a.m. _____
- 7-8 a.m. _____
- 8-9 a.m. _____
- 9-10 a.m. _____
- 10-11 a.m. _____
- 11-noon _____
- noon-1 p.m. _____
- 1-2 p.m. _____
- 2-3 p.m. _____
- 3-4 p.m. _____
- 4-5 p.m. _____
- 5-6 p.m. _____
- 6-7 p.m. _____
- 7-8 p.m. _____
- 8-9 p.m. _____
- 9-10 p.m. _____
- 10-11 p.m. _____
- 11-midnight _____

SUNDAY:

- midnight-1 _____
- 1-2 a.m. _____
- 2-3 a.m. _____
- 3-4 a.m. _____
- 4-5 a.m. _____
- 5-6 a.m. _____
- 6-7 a.m. _____
- 7-8 a.m. _____
- 8-9 a.m. _____
- 9-10 a.m. _____
- 10-11 a.m. _____
- 11-noon _____
- noon-1 p.m. _____
- 1-2 p.m. _____
- 2-3 p.m. _____
- 3-4 p.m. _____
- 4-5 p.m. _____
- 5-6 p.m. _____

THANKS BE TO GOD - AMEN!

SPIRITUALLY SPEAKING:

When was the last time you were a recipient of a real nice surprise? Did it make you feel good all over. I would hope so.

Recently I read a poem by Helen Steiner Rice, entitled:

THANK GOD FOR LITTLE THINGS

Thank you, God, for little things
that often come our way-
The things we take for granted
but don't mention when we pray-
The unexpected courtesy,
the thoughtful, kindly deed-
A hand reached out to help us
in the time of sudden need-
Oh make us more aware, dear God,
of little daily graces
That come to us with "sweet surprise"
from never-dreamed-of places.

How surprised do you think Abraham was when a ram came out of the bush? How surprised do you think the Israelites were when the sea opened and they were saved from the pursuing Egyptians? Do you think David was surprised when he won the victory over Goliath? What a surprise for Zacharias and Elizabeth when they were told they were to have a child. The child being John the Baptist, the forerunner of Christ. Was Mary surprised when she was told she would be the mother of the Messiah? She was afraid, but also surprised that she was to be the one to bring the Saviour into the world.

Surprises are delightful. During Christmas time, Muriel and I were recipients of at least two "sweet surprises." On Tuesday, December 23, a former inmate of mine (I was his case-worker at the U.S. Penitentiary, Leavenworth, in 1970-1972), called to find out how "I was doing". He has been out of the institution for some 10 plus years, as well as being off parole. Can you imagine, he called me to ask, "how are you doing?" What a "sweet surprise."

Then on Christmas morning we received a call from "J.O." who was our houseboy in Arkansas. We last saw J.O. in 1969, when he was on parole in Little Rock. J.O. was more family to us than a helper in our home. He asked how our kids were, how Muriel was and last but not least how I was. He asked "How are you doing?" what a "sweet surprise."

I trust that in 1987 we of KAIROS will experience some very meaningful "sweet surprises."

In Christian Service, Vic Urban, Spiritual Director

The following comes to us from
Ann Tidwell at CWCF.

FORMULA FOR PEACE OF MIND

by
Ann Tidwell

1. Shun suspicion and resentment. Nursing a grudge has been found to pull down happiness levels an average of 50 per cent.
2. Live in the present and the future. Most unhappiness stems from an unwholesome pre-occupation with the mistakes and failures of the past. They are important only as your passport to a better and wiser today. Forgive yourself freely for past mistakes. It is as vital to your happiness as forgiving others.
3. Don't waste time and energy fighting conditions you can't change. There is little you can personally do, for instance, about stopping a war, healing the incurable disease of a loved one, or changing the nature of those with whom you live. So stop hurling yourself against stone walls.
4. Cooperate with life instead of either trying to demolish it or run away from it.
5. When you find yourself in the grip of emotional stress force yourself to be out-going to other people instead of retreating within yourself and building a prison of loneliness.
6. Refuse to pity yourself or seek self-justification in easy alibis that make you appear noble to yourself.
7. Cultivate the old-fashioned virtues of love, honor, loyalty, thrift, tolerance, courage, patience, and charity.
8. Stop expecting too much of yourself. When there is too wide a gap between the standards you set for yourself and your actual achievement, unhappiness is inevitable. If you can't improve the performance, try lowering the demands instead.
9. Find something bigger than yourself in which to believe. Self-centered, materialistic people seldom find peace of mind or serenity.
10. So if your Christian life is a drag, worldly weights may be keeping you down, and from peace of mind.

Thank you Ann for sharing this with us.